This online class introduces students to the varied and fascinating world of Buddhism in the Himalayas. Observe rituals, go on pilgrimage (virtually), engage online with Buddhist laypeople, monks & nuns! The class begins with an introduction to Buddhist history and teachings. Following this, we explore the lived dimensions of Buddhist religious life in Nepal and Tibet with special attention to real people’s beliefs, practices and experiences. The instructor spends most of her summers in Kathmandu. Sign up and come along!

Professor Lauren Leve  
leve@email.unc.edu  

Online  

General Education Requirements:  
BN, PH